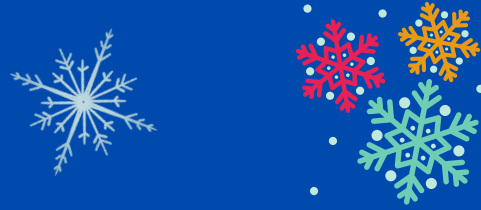


December 2021

SDUHSD SPECIAL EDUCATION NEWSLETTER



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DISTRICT NEWS

Visit the District website for the Superintendent's biweekly video newsletter, "Talk Around the Town". In each installment, Dr. Cheryl James-Ward shares information about recent school board meetings and highlights one school site and it's students' activities. Each episode is posted on the District website: www.sduhsd.net

SPECIAL EDUCATION WEBSITE

Have you visited our SDUHSD Special Education Website? It hosts a variety of information about our programs, presentations and resources for students and families: www.sduhsd.net/Departments/Administrative-Services/Special-Education-/index.html

WELCOME WINTER!



Happy December! The bi-monthly Special Education newsletter is part of our ongoing effort to share information and opportunities for learning and supporting your child. We encourage you to check out the many opportunities for parent involvement and training provided through the District and NCCSE. Information and links to sign up are in the newsletter. As always if you have any questions or concerns please feel free to reach out to the Special Education Department. We are here to support your student!

SPOTLIGHT ON WORKABILITY!

WorkAbility is a state funded program that provides pre-employment skills training, worksite training and follow-up services for youth ages 12-22 in special education. who are making the transition from school to work. It provides students with disabilities on IEPs with the opportunity to complete their secondary education while obtaining marketable job skills. WorkAbility is funded by the California Department of Education and supported by our District's four Vocational Developers and Program Supervisor, Nathan Molina.

The Vocational Developers work with all ten SDUHSD schools and help students with career interest assessments, job exploration tours and, in high schools accessing actual work experiences in the community. Students in grades 10-12 and Coast can participate in unpaid and subsidized work experience opportunities, which are based on student interest and ability. The Vocational Developers also provide on-site job shadowing and training. Some places you might see our students at work include: Seacrest Village Retirement Community, Smart and Final, Round Table Pizza, Encinitas Community Thrift Store, Home Goods, and TJ Max.

SPECIAL EDUCATION STRATEGIC PLAN

The SDUHSD Strategic Plan Parent Forum met in October to review the six priorities and district's goals that compose the backbone of a highly effective special education program. Each of the priorities is aligned to the SDUHSD Local Control and Accountability Plan (LCAP), and contains specific action tasks to ensure each goal is implemented in a specific and consistent manner. The District's Strategic Plan Parent Forum meets next on January 24, 2022 to advise on new topics, such as academic achievement and parent/student engagement. Each school has one parent representative and one administrator in attendance. The Strategic Plan, notes, agendas and Summary information are located on the District's Special Education website, under Administrative Services.



TRANSITIONS FOR 2022-2023

Beginning in early Spring, Special Education staff begin working on transitioning students from one level to the next. For students who will enroll in 7th grade in the 2022-23 school year, the SDUHSD team will meet with the elementary district teams, families and students to hold a transition IEP in the spring. All of SDUHSD's middle schools offer a range of courses for special education coteaching and support classes. Two of our five middle schools are home to modified programs: Oak Crest Middle School and Carmel Valley Middle School. Additionally, our social-emotional and behavioral support program, Seaside, is hosted at Pacific Trails Middle School. The District and all five schools are hosting information night for Rising 7th graders. (See sidebar).

For current 8th grade SDUHSD students moving to high school, no transition meeting is held as we prioritize "like- programs" within the District from school to school. Students and families can matriculate to their school of residence or choose from one of the district's two academies, San Dieguito Academy or Canyon Crest Academy. All four of our high schools are offering tours to help families. (See sidebar) and Parent Information Nights, which will include a specific breakout session for special education programs. Torrey Pines High School and La Costa Canyon High School host our modified programs as well as a variety of co-teaching courses and support classes. San Dieguito Academy and Canyon Crest Academy offer co-teaching courses and support classes, and our Seaside program is based at SDA as well.

HIGH SCHOOL

TOURS

Canyon Crest Academy HS
January 13 at 3:15 pm
February 3 at 3:15 pm
Meet at the flagpole in front of the Administration building

La Costa Canyon High School
January 12 & 19 at 3:15 pm
February 2 & 16 at 3:15 pm

San Dieguito Academy HS
January 21 at 1:45 pm
January 25 at 3:30 pm
January 31 at 8:15 am
Meet in front of the Mustang Commons

Torrey Pines High School
January 18 at 8:00 am
February 8 at 8:00 am
Meet in front of the Administration Building

HS PARENT INFO

SESSIONS

Specific Times and links will be posted on each school's website:

Canyon Crest Academy: Jan. 18
La Costa Canyon: Jan. 27
San Dieguito Academy: Jan. 19
Torrey Pines: Feb. 2

MIDDLE SCHOOL

INFO NIGHTS

Special Education
Information Night (District
Overview - Virtual)
February 10th, 2022

Please check district and school websites for specific times and potential date adjustments:

Carmel Valley MS: Feb. 15
Diegueno MS: March 10
Earl Warren MS: March 8
Oak Crest MS: March 9
Pacific Trails MS: March 9

ITP: Individual Transition Plans



Beginning in grade 9, the IEP includes an Individual Transition Plan or ITP. The ITP outlines transition goals and services for the student and is required to be developed the year in which the student is turning 16 years old. The ITP uses career interest survey information to develop short-term to long-term goals for post-high school. The ITP includes educational goals for students to achieve independent adult life after leaving school and includes goals in the areas of independent living, employment (including supported employment), post-secondary education, self-determination skills. The ITP should address the student's preferences, interests, strengths, and needs. Those post-secondary preferences and interests are used to develop IEP goals. Transition planning helps the student, family and the educators to be ready for the real world. The goals are tailored to the student's strengths and provide the options for his/her future.



NCCSE'S COMMUNITY ADVISORY COMMITTEE (CAC)



The Community Advisory Committee (CAC) is made up of parents, educators, and community members who are involved in special education. The CAC of the North Coastal Consortium for Special Education (NCCSE) provides meetings and special events throughout the year and advises the superintendents of the 14 school districts about special education services. Each meeting includes information on a special education topic, resources for families, and opportunities to meet with other parents to exchange resources, information, and ideas.

Whether you are a student who qualifies for special education services, a parent or family member of a student, or a district teacher or staff person, the CAC can help! If you have questions, please reach out to San Dieguito's CAC Parent representative, Andrea Siler (absiler@att.net)

Parents who have attended CAC meetings report they have found opportunities to:

- Connect with other parents and school district teachers and administrators
- Learn about resources for their child and family
- Participate in shaping the activities of the committee, including conversations with school district staff and administrators, parent workshops, an awards ceremony
- Develop and expand their leadership

CAC Meetings are open to the public. The next meeting will be January 19, 2022.

[CAC November Meeting Information](#)

[CAC Agendas and Upcoming Meeting Dates](#)

NCCSE

WORKSHOPS FOR FAMILIES

To sign up for any training, visit www.nccse.org and search under the "Families" tab then "Workshops"

Community Advisory Committee
January 19, 2022

Parenting the Love and Logic Way (6 week series)
January 19 - February 23, 2022

In person, weekly

The Nuts and Bolts of the IEP Process for Parents
February 4, 2022

In person and online (Zoom)

Community Advisory Committee
April 20, 2022

TouchChat with Wordpower

Communication App
May 31, 2022

Online - also available on demand, via webinar

ProloQuo2Go (Basic/Intermediate)
May 31, 2022

Online - also available on demand, via webinar

ON DEMAND WEBINARS:

Available ANYTIME on NCCSE's website: www.nccse.org and search under the "Families" tab then "Workshops"

Ensuring a Successful Transition to Adulthood for Students with Moderate to Severe Disabilities

Navigating Through the Day One Step at a Time

